

Idan Amiel  
Gasttrainer  
Gast sprekers & sprekers café's

Nir Sonnenberg  
Gasttrainer New Authority Center  
Gast sprekers & sprekers café's

Boomgaardstraat 22, 2018 Antwerpen, Belgium

29/01/2018 10:00 - 31/01/2018 17:00

## Basisopleiding Nieuwe Autoriteit en Geweldloos Verzet

***Een driedaagse opleiding 'Geweldloos Verzet en Nieuwe Autoriteit' bij de bezielers.***

*We zijn enorm verheugd dat Idan Amiel en Nir Sonnenberg van het New Authority Center in Tel Aviv naar België komen om deze opleiding aan te bieden.*

*Een unieke kans om de mindset en de tools van dit concept uitgelegd en aangereikt te krijgen door één van de grondleggers.*

*We voorzien een basisopleiding en een masterclass. Wie interesse heeft kan in ons aanbod ook de masterclass van 1 en 2 februari 2018 vinden.*

### Programma basisopleiding Januari 2018

Idan Amiel en Nir Sonnenberg voorzien een gevarieerde opleiding met aandacht voor de basiskaders, achterliggende visies, toepassingsmogelijkheden met praktijkvoorbeelden uit verschillende contexten en ruimte om concrete methodieken in te oefenen en eigen praktijk in te brengen.

***New Authority Center, Israël, Tel Aviv:***

<http://www.newauthority.net/about/solutionfocusedcenter.aspx>

### **The Basic Training Tools and content**

The basic training gives the theoretical background and clinical aspects of NA and NVR. The training is constituted from short lectures followed by small (7-11 participants) group practice workshops. The lectures introduce the basic concepts and terminology of NVR & NA and the workshops are aimed to deepen understanding and practicing the techniques through role-plays and case studies.

Here are the tools and techniques that a basic training is focusing on side by side with explaining the ways and teaching tools we use to enhance the participants' ability to use it after the training:

- **Escalation Cycles, the FRT (Flexible Response Table) and the Bookmark** - Defining and understanding the different forms of escalations is a pre-condition for an educator or therapist to neutralize escalation. Whether at home, at school or in residential settings. The participants will learn how to use the bookmark at different circumstances and will practice how the use of FRT enables to maintain flexibility and preserve the persistence needed with a treatment/action plan.
- **The Announcement: A Rapid Start for a Treatment Plan** - The Announcement is the first step in initiating an NVR trajectory plan. The participants will deepen their understanding of the importance of the Announcement as a ceremony that signifies the start of a change. Through clinical examples from their own settings they will learn how to write an Announcement and how to instruct parents, teacher or educators to act it with and in front of the child/teenager.
- **The Sit-In and SMS (Silent Message Sending)** - A deeper understanding of the rationale behind the Sit-In and the variants of the SMS will help to promote using it in different settings. Through role-plays the participants will experience how a well-acted Sit-In uses the Power of Silence and enhances Team Support and ability to initiate resistance in front of violence.
- **Reparation acts: Making Amends as a Communal Measure** – Through case examples we will demonstrate how

reparation acts helps the offender undergo a process of reintegration in the community, whether at home, at school or in residential. A reparation act involves the community, the parents, the offender, the victim and in several cases also the group of children. Specifically, we will show that through the process of reparation, caregivers are able to convey their strength and leadership, and gain a sense of empowerment. Reparation acts serves as a central element that demonstrates the uniqueness of the new authority concept. The participants will also practice how to initiate and use such acts in their work settings and at home.

- **Building a support network for caregivers** – The statement “it takes a village to raise a child” is one of the pillars of the New Authority concept. How can we bring “the village” to home, to school or even to a residential setting? This part of the training is a great opportunity to see the challenges in recruiting supporters and to learn how to navigate the complexities involved. Apart from understanding the philosophy of this attitude we will also use a role play to “feel” a supporters meeting and demonstrate the difficulties as well as the advantages of leading such a dramatic intervention. The role-play will be followed by explanations of the different aspects in holding a supporters meeting.

## Gasttrainers ?

### Idan Amiel

Idan is a clinical psychologist and director of the parents' counseling unit in Schneider Medical Center. Over the last 12 years he has been a key professional in developing the concepts of NVR and New Authority. He established, together with Professor Haim Omer, the New Authority Center in order to promote and expand the principles of the New Authority. **Idan now serves as the NAC director and guides the professional NVR team in Israel.**

### Nir Sonnenberg

**Nir serves as the New Authority Center International Training Coordinator.** He is a Health Psychologist interested in the effects of harsh life events on family dynamics. He is especially involved in the study and treatment of the parental role in coping and recovery processes, and enjoys helping parents become a positive force for change in children's anxiety and behavioral difficulties. Nir has been with us at the Schneider Medical Centre since 2009, and is involved in our training programs, teaching NVR to our new team members and to experienced clinicians. Nir considers NVR an essential element of family crisis management as well as everyday parenting. He also includes cognitive-behavioral aspects, hypnosis and mindfulness meditation in his clinical work with parents.

## Voor wie?

Deze unieke opleiding richt zich tot het werkveld van **zorg, onderwijs , jeugdwerk en hulpverlening**. Het concept biedt concrete handvatten en een mindset om opnieuw aanwezig te zijn, te de-escaleren, zorg op te nemen en te begrenzen vanuit een positieve betrokkenheid en gedeelde verantwoordelijkheid. De voertaal van deze training is eenvoudig Engels.

## Wanneer ?

29, 30 en 31 januari 2018

## Locatie

3-daagse basisopleiding: Congrescentrum De Finale, Boomgaardstraat 22 te Berchem

## Tijdstip

10u00 - 17u00

## Inschrijvingsbedrag

590 euro

Er zijn nog enkele plaatsen beschikbaar.

## Certificaat

Na de drie-daagse basisopleiding ontvang je een attest, na 5 dagen intensieve opleiding ontvang je het certificaat van het New Authority Center.

## Inbegrepen:

In het inschrijvingsgeld is een broodjeslunch, koffie, thee, water en versnaperingen inbegrepen.

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